

## **Town of Gibbons**

### **Contracted Positions**

**Position:** Multiple Casual Contracted Fitness Instructors

The Town of Gibbons is currently seeking instructors specializing in a variety of activities, including but not limited to yoga, HIIT, dance fitness, strength training, and other group or individual fitness modalities. Once an instructor is added to our contracted instructor list, they will be notified of all instructing opportunities throughout the year.

#### **Key Responsibilities:**

- Design and lead engaging fitness classes tailored to diverse skill levels.
- Provide individualized attention to participants, ensuring safety and proper technique.
- Maintain a welcoming and motivating environment during sessions.
- Keep up-to-date with fitness trends and integrate them into classes.
- Assist in maintaining equipment and studio cleanliness.

#### **Qualifications and Skills**

- Certification in Group Fitness, Personal Training, or a related field.
- CPR and First Aid certification.
- Proven experience leading group classes or providing personal training.
- Strong communication and motivational skills.
- Ability to adapt fitness programs for different levels of ability.
- Must provide copy of liability insurance with Waiver of Subrogation.

**Compensation:** The hourly rate for contracted fitness instructors is **\$50** per hour with Mileage negotiable. Additional opportunities for special classes and workshops may be available.

#### **How to Apply:**

Please submit your resume, a brief cover letter, and any relevant certifications to [hbradley@gibbons.ca](mailto:hbradley@gibbons.ca) with the subject line: "Fitness Instructor Application".