

March 2025

GIBBONS NEWSLETTER

The latest programs and events for the Town of Gibbons

INTERNATIONAL WOMEN'S DAY

Sunday March 9th, 2025

Gibbons Cultural Centre

10:30AM-2:00PM

Empower, Create, Grow: Celebrating
Women Through Yoga, Art, Plants, and
Inspiring Talks on Wellness & Success

\$15 Per Person

Ages 18+

Register here:

<https://app.amilia.com/store/en/townofgibbons/api/Activity/Detail?activityId=yvz793W>

Registration closes March 1st



FREE Income Taxes

Do you have simple tax return?

Are you on AISH or are you a Senior?

Do you live in Gibbons?

You may qualify to get your taxes done for **FREE**.

Call the Gibbons Family Resource Centre for
more information and to book an appointment.

Gibbons Family Resource Centre

780-923-2374

NEED HELP PREPARING YOUR TAX RETURN?

BABYSITTING SAFETY COURSE

Location: Gibbons Cultural Centre

Date: March 10, 2025

Time: 9:00AM - 3:00PM PD Day

Cost: \$50

Ages: 11.5+

Register Here:

<https://www.gibbons.ca/register>



Scan QR
To
Register

Any questions call community services 780-923-2374

CONTACT US GIBBONS FAMILY RESOURCE CENTRE

- 780-923-2374
- www.gibbons.ca
- gfr@gibbons.ca
- 5015 50 Street Box 68 Gibbons
- Gibbons Family Resource Centre



CONTACT US TOWN OF GIBBONS

- 780-923-3331
- www.gibbons.ca
- gov@gibbons.ca
- 4807 50 Ave Box 68 Gibbons
- GIBBONSAB



CONTACT US GIBBONS FACILITIES

- Gibbons Cultural Centre 780-578-2028
- Gibbons Arena 780-923-2688
- Gibbons Youth Centre 780-578-6448
- www.gibbons.ca
- gov@gibbons.ca
- Gibbons Cultural Centre 5015 51 Street
- Gibbons Arena 5004 51 Ave
- Gibbons Youth Centre 5015 51 Street
- GIBBONSAB
- Gibbons Youth
- Gibbons Summer Programs



TAI CHI SPINAL QIGONG

Do you suffer from lower-back issues? Upper-back and neck pain or stiffness? Could your posture be better? These rejuvenating Qigong (Chi Gong) exercises and stretches will entail some laying down (bring your own floor/yoga mat), and standing positions. You can heal old injuries and prevent further deterioration of your vertebrae and discs. You can turn back the clock on a tired, stiff spine, and release years of chronic tension!

Wednesday Evenings

7:00PM-8:00PM

\$125+ GST

March 12th-April 23rd 2025

2nd Floor Yoga room @ Gibbons Cultural Centre

Registration: www.gibbons.ca/register



Scan QR
to Register



H.I.I.T WORKOUT CLASS

Beginner 60 Min High Intensity Interval Training class (HIIT). This class will include a warm up, alternate short periods of intense exercises stations with brief recovery periods in between.

Monday's

March 10th-April 28th 2025

6:00PM-7:00PM

\$95+ GST for 7 classes

No Class Monday April 21st



SCAN QR
TO
REGISTER



Tuesday Night Yoga with Karen

7 Classes on Tuesday Evenings

6:30PM-7:30PM

March 18th-April 29th

\$100+GST

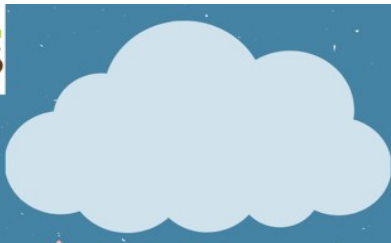
Registration:

<https://app.amilia.com/store/en/townofgibbons/api/Activity/Detail?activityId=k40QAJ1>

Any questions call: 780-923-2374



Scan QR To
Register



In Partnership with Sturgeon County, Gibbons residents have the opportunity to order rain barrels.

Place your order by Friday March 28, 2025.

Place order and pay at the Gibbons town office 4807-50 Avenue

Receipts are required upon pick-up

\$75.00 per barrel

Gibbons Mothers Day Market

Join us on May 3, 2025 at the Gibbons Cultural center from 10 to 3



Farmers' Market



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						 1
2	3 Making Candles	4 Play Dough	5 Soccer 	6 International WOMEN'S Day Spa Day	7 	8
9 	10 Gnome Painting Class with Avedonia Art	11 Beaded Bracelets	12 Frisbee Golf	13 Baking Day double chocolate cookies	14 Drawing Class with Brittany	15 
16 	17 Potato Painting	18 Seven Grandfather's Teaching #3&4 	19 Kickball	20 Baking Day snickerdoodle muffins	21 Karaoke Night 	22
23 /	24 Lego Mazes  /	25 	26 Ball Hockey	27 Baking Day triangle stuffed sandwiches	28 	29
30 /	31 					


Youth Center will be open 3-7 pm

Gibbons Youth Center and Gibbons Public Library Present

MINUTE TO WIN IT

PD DAY EVENT

FREE Youth Event
Ages 10-17 Please scan to register for your limited spot
March 10 from noon - 2:00pm
Snack Provided
At the Gibbons Public Library



jevans@gibbons.ca 780.923.2374 for information

INTERNATIONAL
Women's
DAY EVENT
AT THE YOUTH CENTER

Spa Day

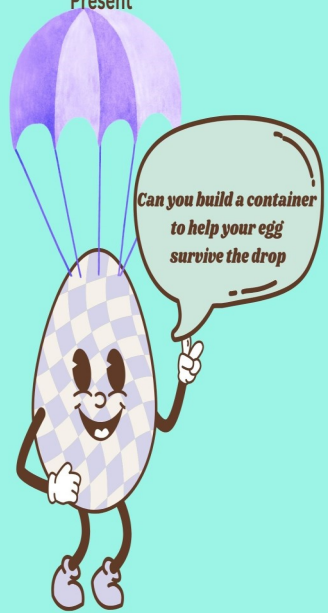
All girls are welcome to join us for a day of pampering. We will be getting our hair and nails done and having a photo shoot.

Ages 10 - 17
March 6, 2025
3:00pm to 7:00pm
At the Youth Center




jevans@gibbons.ca 780-923-2374 for info

Gibbons Youth Center and Gibbons Public Library Present



Can you build a container to help your egg survive the drop

PD Day Youth Event
March 24, 2025
Noon until 2:00pm
Please register for your limited spot for this FREE YOUTH event
Ages 10 - 17
At the Gibbons Public Library
Snack is provided
Email jevans@gibbons.ca for more information 780.923.2374



HOP ON OVER FOR OUR

Easter Egg hunt

Hosted by Sturgeon River
Agricultural Society

Saturday, April 12
11am - 1pm

FOR SOME EGG-CITING FUN!

**Landing Trail
School Gym**

Free
Admission
Facepainting
Balloon Animals
Easter Bunny
Crafts

Extras (Cash Only)
Raffle
Concession by LT PIA
50/50 fundraiser
(BRIGHT)

JOIN US FOR A
**Community
Easter
Weekend**

AT
LANDING TRAIL SCHOOL

FRIDAY APRIL 11, 2025
FAMILY BINGO (RECOMMENDED AGE 8&UP)
DOORS OPEN 6PM
GAMES START AT 7PM

SATURDAY APRIL 12, 2025
EASTER EGG HUNT HOSTED BY THE STURGEON
AG SOCIETY
11AM-1PM

SUNDAY APRIL 13, 2025
SPRING EASTER MARKET
10AM-3PM



CAREGIVER CIRCLE - DIFFICULT CONVERSATIONS

Caregivers with children ages 8 to 18 are welcome.
Children's programming is available by request. Light refreshments and snacks available.

This discussion will build off of the information shared during the Foundations for Connection program presented by Saffron Centre Ltd.

Together we can:

- Dive deeper into some of the hard conversations between caregivers and youth
- Take the time to unpack some concerns and worries
- Practice language to leave them feeling heard and supported

Wednesday, March 26
6:00pm - 8:00pm

Location
Fort Saskatchewan
Families First Building
9901 90 Street

Register now to be a part of this unique program by calling 780-998-5595



FOUNDATIONS OF CONNECTION

Caregivers with children ages 8 to 18 are welcome.
Children's programming is available by request. Light refreshments and snacks available.

Families First will be hosting guest speaker from Saffron Centre to provide caregivers with strategies for communicating with their children and youth, especially surrounding difficult topics like shame, rejection, conflict, cycles of abuse in relationships, accessing pornography, consent, and boundaries. The goal is to help every caregiver act as a trusted adult for the children and youth in their lives.

Wednesday, March 19
6:00pm - 8:00pm

Location
Fort Saskatchewan
Families First Building
9901 90 Street



For more info:
WWW.SAFFRONCENTRE.COM
780-449-0900

Register now to be a part of this unique program by calling 780-998-5595



Gibbons Preschool

Play, Learn,
Grow Together



- ✓ ACCEPTING REGISTRATIONS FOR 2025-2026
- ✓ \$25/MONTH (IF ROSTERING)
- ✓ FIELD TRIPS AND THEME DAYS INCLUDED
- ✓ OPEN TO AGES 3-4
- ✓ TUES/WED/THURS AM & PM CLASSES

CONTACT US NOW AT (780) 504-3183

INFO@GIBBONSPRESCHOOL.COM

WWW.GIBBONSPRESCHOOL.COM

Gibbons Public Library

Book Club - 13 March - 6:30 - 8pm

The Woman in the Window - A.J. Finn

Parent Friendly Book Club - 31 March - 5:30 - 7pm

When Breath Becomes Air - Paul Kalanithi

HomeSchool Group - Thursdays - 10:30 - 11:30am

Writers Group - 5 & 19 March - 1:00 - 2:30pm

Board Game Night - Wednesdays - 5 - 7pm

Drop - in Snack & Play - Tuesdays - 10 - 11am

New programs running until Saturday, 5 April

Creative Connections - 10:00 - 11:00am - Saturdays

Connect with other parents and caregivers while giving your children the opportunity to socialize. This is a weekly facilitated program focusing on literacy for ages 0 - 6, though older siblings are welcome!

Storytime Social - 12:00 - 1:00pm - Thursdays

Literacy focused play intended for children 0 - 6 and their caregivers. Storytime, play and craft!

Crafting?

Ask us about using our Cricut Machine!

Gibbons Public Library


Connect, Explore, Discover



Legion 
BRANCH 226
GIBBONS

MARCH 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Cornhole Registration 10am-2pm Open 4-9 pm
2	3 Guides 5-8 pm	4 General Meeting 7:00 pm	5 Sparks & Embers 6-8 pm	6 Gibbons Dart League	7 Meat Draw 6:00 pm	8 Cornhole @ 4 Open 4-9 pm
9 Vets Coffee 12:00-2:00	10 Guides 5-8 pm	11	12 Soup & Sandwich 12:00-2:30 Sparks & Embers 6-8 pm	13 Gibbons Dart League	14 Meat Draw 6:00 pm	15  St. Patrick's Day Party 4-12
16	17 Guides 5-8 pm	18 Executive Meeting 7:00 pm	19 Sparks & Embers 6-8 pm	20 Gibbons Dart League	21 Meat Draw 6:00 pm	22 Cornhole @ 4 Open 4-9 pm
23 Public Breakfast 9:00-12:00	24 Guides 5-8 pm	25	26 Sparks & Embers 6-8 pm	27 Gibbons Dart League	28 Meat Draw 6:00 pm	29 Cornhole @ 4 Open 4-9 pm
30 Cribbage Tournament 9-5	31 Guides 5-8 pm					