



Seniors' Resources and Supports

Emergency Services

Emergency Services

Fire, Police & Ambulance 911

RCMP (non-emergency)

1-780-939-4520(Morinville)

Sturgeon Victim Services

1-780-939-4590

Crisis Support

211 Alberta 211

Adult Addictions & Mental Health

Support Access 24/7

780-424-2424

Edmonton Seniors Safe House

780-702-1520

Family Violence Info Line

780-310-1818 24 Hours

Mental Health Helpline

1-877-303-2642 24 Hours

Seniors Abuse Hotline

780-454-8888

Seniors Protection Partnership

780-477-2929

Sexual Assault Centre

780-423-4121

The Support Network Distress Line

780-482-4357 or 1-800-232-7288

Food

Bon Accord Gibbons Food Bank

780-923-2344

WeCan Food Basket

780-923-2374

Meals on Wheels

780-923-2374

Clothing

Community Closet FREE Clothing

780-923-2374

Mental Health & Addictions

Alberta Mental Health Services

Morinville 780-342-7600

Addiction Services Helpline

1-866-332-2322 24 hours

Alcoholics Anonymous

780-424-5900

Alberta Quits Helpline

1-866-710-7848 24 Hours

Dementia Advice 811

Narcotics Anonymous

1-855-421-4429

Gamblers Anonymous

780-463-0892

AHS Addictions Counseling

780-427-2739

Al-Anon Information Services

1-888-322-6902

Financial and Legal Supports

Assured Income for Severely

Handicapped (AISH)

780-939-1239

Canada Revenue Agency

1-800-267-6999

Government of Canada Seniors

1-800-622-6232

Income Support Contact Centre

1-866-644-5135

Legal Aid

780-427-7575

Office of the Public Trustee

1-877-427-4525

Protection for Persons in Care

1-888-357-9339

Service Canada

1-800-206-7218

Hospital/Medical Supports

AHS Clinic Gibbons

780-342-2660

AHS Community Care Services

780-496-1300

AHS Home Care Edmonton Region

780-496-1300

Alberta Aids to Daily Living

780-427-0731

Alberta Health Advocate

780-422-1812

Albert Health Care Insurance Plan

780-427-1432

Health Link 811

Poison & Drug Information Services

1-800-332-1414 24 hours

Rehabilitation Advice Line

1-833-379-0563

Saskatchewan Hospital

780-998-2256

Redwater Health Centre

1-780-942-3932

Sturgeon Community Hospital

780-418-8200

St Albert Sturgeon Hospice Association

587-921-1345

Housing Supports

Alberta Supports, Housing & Rental

Assistance

780-664-9992

Alberta Residential Access Modification

(RAMP)

780-427-5760

Homeland Housing (Lodges)

1-780-939-5116

Spruce View Lodge

780-923-3330