

Senior's Resources and Supports

Crisis/Emergency Services

24 hour Emergency	911
24-hour Distress Line	780-482-4357
211 Alberta	Call or Text 211
AHS Additions Helpline	1-866-332-2322
Addiction & Mental Health Urgent Services	780-424-2424
Adult Mental Health Crisis Response	780-424-2424
Alberta Elder Abuse Awareness Network	780-392-3267
Elder Abuse Intervention Team	780-477-2929
Seniors Abuse Helpline	780-454-8888

Government of Alberta

AHS Home Care Edmonton Region	780-496-1300
Alberta Aids to Daily Living (AADL)	780-427-0731
Alberta Health Advocate	780-422-1812
Alberta Health Care Insurance Plan	780-427-1432
Alberta Health Services Helpline	1-877-303-2642
Alberta Residential Access Modification (RAMP)	780-427-5760
Alberta Seniors and Housing	www.seniors-housing.alberta.ca
Alberta Supports	1-877-644-9992
Health Advice	811
Legal Aid	780-427-7575
Office of the Public Guardian and Trustee	1-877-427-4525
Protection for Persons in Care	1-888-357-9339

Government of Canada

Programs and Services for Seniors	1-800-622-6232
⇒ Canada Pension Plan	
⇒ Guaranteed Income Supplement	
⇒ Old Age Security	
⇒ Caregiving Benefits	
⇒ Services for Veterans	
Service Canada	1-800-206-7218
Canada Revenue Agency (automated info service)	1-800-267-6999

Seniors Housing

Homeland Housing	780-939-5116
Gibbons Spruce View Manor and Pine Crest Gardens	780-923-3330

Other Services

Bon Accord/Gibbons Food Bank	780-923-2344
Gibbons Family Resource Centre	780-923-2374
⇒ Meals on Wheels and WECAN food baskets	
⇒ Assistance with forms	
⇒ FREE Income Tax program	
⇒ Information and Referral	
Gibbons Health Unit	780-923-3700
Gibbons Library	780-923-2004
Gibbons Twilight Club	780-923-2030
Town of Gibbons	780-923-3331