

# Children & Youth Services



### Parent Link Centre

Parent Link programs, both online and in your community, help you to help your child by providing information and support for parents and caregivers on how to assist with your child's learning, development and health. Parent Link Centers can provide you with information about becoming a parent, pregnancy, locating and choosing child care, various health issues, communication, discipline, and what to expect as your child grows and develops.

Programs offered vary depending upon needs of the community but may include:

#### Creative with Kids

This is a free program for parents/caregivers and children (ages 0-6) that provides an opportunity for age appropriate creative play and interaction through crafts, songs, games, rhymes and stories. The program meets every Tuesday morning from 9:30-11:30 at Gibbons School.

### Music with Munckins

This free program for children (0-6) provides bonding and learning experiences for both children & parents through music.

Legal School - Every other Thursday 10:00 - 12:00

### Coffee Talk

This is a peer support for parents and caregivers. Child activities are provided.

### Play 'n' Stay

This is a free parent/child drop-in playgroup where children learn socialization skills and parents can access peer support.

#### Marvellous Movers

This is a free drop in for children (ages 0-6) and parents/caregivers to get your day movin' & groovin' and makin' Physical Activity FUN!

For more information on any Parent Link program call 780-998-5595 on the web: <a href="http://www.familiesfirstsociety.ca/programs.html">http://www.familiesfirstsociety.ca/programs.html</a>



### Child Care

Gibbons FCSS offers Before and After School Programs at two area schools. "The Landing Pad" is located in Gibbons School and the "Bon Accord Out of School Care Program" is located at Bon Accord Community School. Both programs are committed to providing a program which includes laughing, learning, and playing.

Age appropriate programs and activities are provided in an environment that supports and nurtures each individual's developmental needs. The environment fosters a sense of belonging where children feel accepted and demonstrate respect for diversity. The evolving needs of each child are recognized and nurtured with opportunities to develop more independence and responsibility. Programs and activities challenge the children to progressively attain new skills with guidance from staff and older children. Consistency and predictability of the programs, activities, and staff enhances the development of each child while maintaining a sense of security in the environment.

It is our objective to contribute to a child's physical, social, intellectual, creative, and emotional needs.

Child Care Subsidies are available for qualifying families. Please consult the Alberta Human Services website for more information:

http://humanservices.alberta.ca/financial-support/15104.html

Transportation for both program locations is provided by Sturgeon School Division Transportation Department. Please contact them for directly for all transportation requests at 780-939-4341or Toll Free: 1-888-459-4062 or their website: http://www.sturgeontransport.ca/

For more information about the Child Care programs, contact Gibbons FCSS at 780-578-2109.

# Home Alone Safety Program

Gibbons FCSS provides this interactive safety training program for youths ages 10+ twice per year. This program prepares our youth for the all-important step of Home Alone Safely. Being home alone can be an uncomfortable and unsafe situation without some basic skills. Those safety, first aid, and comfort skills are covered in this course through interactive games and role playing. Let's work to keep our children safe and confident!

For more information, please call Gibbons FCSS at 780-578-2109 or consult the "Programs for People Guide" for upcoming dates:

http://www.sturgeoncounty.ca/Portals/4/pub SALC PFP Winter2013 Final WEB.pdf



# Red Cross Babysitter Safety Course

This course is designed for responsible adolescents of 11 years and up who want to become a babysitter or may already be one. Gibbons FCSS offers two Red Cross Babysitter Safety courses per year- one in the spring and one in the fall.

The Red Cross Babysitter Safety course covers the responsibilities of a babysitter, safety tips for children of all ages, feeding and diapering babies, basic child care skills, and what to do in case of an emergency. Basic first aid is also covered, choking, cuts, burn, etc. Each student will receive a Red Cross Babysitter's course manual, Babysitter's first aid kit, and a Red Cross Babysitter's completion card.

For more information please call Gibbons FCSS at 780-578-2109

# Programs in the Park

"Programs in the Park" provide various experiences that support social and physical growth during July and August. Swimming, trips, sports, arts and crafts, and games will provide an exhilarating summer for each child. Registration takes place in mid-June at the Town of Gibbons office.

For more information please call Gibbons FCSS at 780-578-2109.

# <u>Fostering Leadership in Youth (FLY)</u>

The FLY program is a great opportunity for youth ages 12-17 to gain leadership experience, communication skills and develop their resume through volunteering in our community. The program runs full-time throughout the summer months and as needed during the school year.

Our summer programs are busy, high energy and a little messy sometimes, so we are looking for energetic responsible volunteers who aren't afraid to get a little messy!

All FLY volunteers are asked to donate a minimum of 25 hours over the course of the summer. These hours are made up of a combination of theme days, field trips, and any other time spent volunteering for the Town.

For those FLY Volunteers who will be entering grade 10 in the fall, 3 High School credits can be obtained from Sturgeon Composite High School with the completion of 62.5 hours of volunteering and a written module from the High School.

For more information please call Gibbons FCSS at 780-578-2109.



# Country Cone Ice Cream Shack

Country Cones is operated by FCSS and the Town of Gibbons as an employability project for youth ages 15-18. The Town hires 8 young people to help run Country Cones from the end of May until mid-September. Youth gain valuable skills and work experience that will help them in the future.

Youth will be asked to open and close the facility, provide customer service, stock taking, cleaning and learn about cash receipting.

Applications will be accepted mid-April for that coming summer.

For more information please call Gibbons FCSS at 780-578-2109.

