

Town of Gibbons
Box 68
Gibbons, AB, T0A 1N0
PHONE: 780-923-3331
FAX: 780-923-3691

Office Hours:

Monday to Friday
8:30 a.m. - 12:00 p.m. and
12:30 - 4:30 p.m.

Town Manager:

Hank Taylor

Community Services Director:

Kelly Taylor

Community Services Coordinator

Christine Steventon

GIBBONS COMMUNITY SERVICES BOARD

We want to hear from you! Let us know what type of programs YOU would like to see in the Town of Gibbons. We appreciate any feedback you have to offer! Call the town office at 780-923-3331 and ask to speak with someone in Community Services.

Community Service Board Members:

Irene Heath	Dawn Rubin
Misty Smith	Ashley Tegart
Carol Mervyn Keon	Shayl Land
Chad Sonnenberg	Terri Saunders
Jim Rollison (Council Representative)	

Recreation Program Subsidy

Residents of Gibbons may be able to access a subsidy to offset course registration costs of children’s programs.

Apply in confidence at the Town of Gibbons Office or call 780-923-3331.

Public Skating AT GIBBONS ARENA

Sundays: 12:45 to 2:15 p.m.
Mondays and Fridays: 3:30 To 4:45 p.m.

Family Day Celebrations

IN THE TOWN OF GIBBONS

Sunday, February 20th
Noon to 4 p.m. at Landing Trail School



Children & Youth Programs

PARENT LINK CENTRE PROGRAMS

CREATIVE WITH KIDS

This is a facilitated drop-in program that provides parents/ caregivers with opportunities to learn creative ways to interact with their children using crafts, games, songs, rhymes and stories. Please contact the Town of Gibbons office for more information at 780-923-3331.

When: Tuesdays 10am to Noon
Dates: January 11th to June 14th
Where: Gibbons Community Hall

POPS, TOTS, AND PJs.

This is a facilitated program that provides fathers and their children the opportunity to do activities together. Activities include singing, playing games, reading and having a snack before bed. Please contact the Town of Gibbons office for more information at 780-923-3331.

When: Wednesdays 6:00 to 7:00 p.m.
Dates: January 12th to March 16th
Where: Gibbons Public Library

KIDS HAVE STRESS TOO

This is a 4 week workshop that teaches parents about the stress that children have in their lives. We will talk about the signs and symptoms that children use to express their stress as well as discuss some coping techniques to teach children for dealing with stressors in their lives. Please call the Town of Gibbons to register at 780-923-3331.

Children & Youth Programs (continued)

CREATING CONFIDENT KIDS

This is a 7 session workshop that engages parents in building 40 developmental assets in their children. These assets help to protect children from risky behavior and promote healthy life choices. Please call the Town of Gibbons to register at 780-923-3331.

KIDS ON THE BALL (AGES 7 TO 12)

This 12 week class will develop optimal balance, rhythm and coordination. Have some fun AND get fit. Bring a 45-55 cm fit ball (suitable for your height), mat, water bottle, and runners.

Where: Gibbons Community Hall
When: Thursdays
Dates: January 13 to Mar 31 (12 classes)
Time: 6:00 to 6:45 p.m.
Cost: \$70

SKIPPING CLUB

Hi and welcome to Gibbons Griffins Skipping Club! If you are in Grades 3 to 12, you can skip, and you would like to learn how to do tricks with your jump rope, then come and join us! The skipping club will show you how, plus more. This is a wonderful cardio exercise that can help you with other sports you are involved with because it combines aerobics, synchronized dance, gymnastics and break dancing all tied together with a jump rope. If this sounds like you, then come and join us and let's get jumping together. ** Registrants must be able to skip for 30 seconds.

Where: Gibbons School Gym
When: Fridays
Date: January 7 to May 27
Cancelled Dates: Feb 11, April 1, April 22
(Skipping coach will advise of any further schedule changes)
Time: 6:00 to 7:00 p.m.
Instructor: Holly Laube
Register By: December 30
Cost: \$23 (returning students)
\$53 (new students)

SPRING BREAK PROGRAMS THROUGH STURGEON COUNTY

BOWL N' SWIM (6+ YRS.)

Get rid of the mid week rut by joining us at the St. Albert Bowling Centre and Fountain Park Pool. We'll begin our day at the Bowling alley with some intense bowling and crazy arcade games. We'll enjoy some pizza and pop before heading to the pool where we will splish and splash the afternoon away. The day just wouldn't end off right without a marvelous ice cream treat from Dairy Queen. A guaranteed great time!

Date: Wednesday, Mar. 30
Fee: \$40
Register By: Mar. 23
Times: Pickup Drop-off
Gibbons Town Office 9:00 am 3:30 p.m.
Sturgeon County Centre 9:30 am 4:00 p.m.
Course: 8006

KIDZ ZONE - BEAT THE WINTER BLUES (6 - 11 YRS.)

Start your Spring Break off to a great start by spending the day at Chuck E Cheese's where we will play some awesome games, gobble down some pizza and then play some more games. Our next stop will be Cineplex Theatre for the most recent blockbuster release. Fee includes pizza/pop, tokens, movie, kids movie treat and transportation.

Date: Monday, Mar. 28
Fee: \$30
Register By: Mar. 21
Times: Pickup Drop-off
Bon Accord School 10:45 am 3:45 p.m.
Cardiff Hall 11:15 am 4:20 p.m.
Course: 8005

All Ages Programs

ANYONE CAN DRAW: BEGINNER DRAWING CLASS

Gain experience with all types of drawing media including graphite, charcoal, and pastels. We will work on different basic drawing techniques such as contour, gesture, a variety of shading practices based on portrait and still life work. All levels of artists welcome. Supplies provided.

Where: Gibbons School Classroom
When: Wednesdays
Dates: Feb 2 to 23
Time: 6:30 to 8:30 p.m.
Instructor: Robyn Flaherty
Cost: \$56

**Registration Deadline is January 26

A registration form can be found on pages 5 and 31 or visit our website: www.sturgeonadulthoodlearning.ab.ca





All Ages Programs (continued)

GROUP GUITAR LESSON (BEGINNER)

**GRADE 6 TO ADULT WELCOME!

Learn guitar playing basics in a friendly group setting. Kyle Swenson teaches guitar technique, chords, and music reading in this weekly 45 minute group lesson. Students must bring their own guitar.

Where: Gibbons School Music Room
 When: Thursdays
 Date: January 6 to May 26 (18 lessons)
 Cancelled February 3, 10 and March 31
 Time: 5:30 to 6:15 p.m.
 Instructor: Kyle Swenson
 Register By: December 29
 Cost: \$362

GROUP GUITAR LESSON (ADVANCED)

** GRADE 6 TO ADULT WELCOME!

Jam with your friends and improve your guitar playing skills in Kyle Swenson's advanced guitar class. Students should be familiar with the basics and have a year or two of playing experience. The target goals will be working towards playing songs with other musicians, developing musicianship, and having fun on the instrument. Participants will be required to bring their own guitars.

Where: Gibbons School Music Room
 When: Thursdays
 Date: January 6 to May 26 (18 lessons)
 Cancelled February 3 & 10 and March 31
 Time: 6:15 to 7:00 p.m.
 Instructor: Kyle Swenson
 Register By: December 29
 Cost: \$362

DROP-IN VOLLEYBALL

Mondays, 7:00 to 9:00 p.m. at Gibbons School.
 \$2 per person.
 Call Teri at 780-923-3099.

Registrations will not be processed if the waiver section of the registration form is not signed.

You will only be considered registered once a completed registration form and full payment is received.

*We do not hold places.
 Note: you must register in a program before attending.*

CHITO-RYU KARATE

Chito-Ryu Karate allows you to keep fit, have fun, learn self-defense and self-discipline at the same time. The main areas of focus in Karate include: Kihon (basic techniques), Kata (patterns/forms), Bunkai (throwing and defense techniques), and Kumite (Sparring). Through Karate, you are also able to learn about certain aspects of Japanese culture. Chito-Ryu Karate is registered with the Karate Alberta Association, National Karate Association, and the International Chito-Ryu Karate Federation. Classes will be taught by Sensei Justin Rybie who has earned the rank of Sandan (3rd degree black belt) and the title of Shido-in (Instructor).

Where: Landing Trail School
 When: Mondays & Wednesdays
 Date: January 10 to June 22
 Time: 6:30 - 7:30 p.m.
 Fee: \$189 (Returning Students)
 \$249 (New Students)
 Instructor: Justin Rybie
 Register By: January 3

STURGEON RIVER POTTERY GUILD

P.O. Box 582, Bon Accord, Alberta T0A 0K0
 Our guild offers member based pottery classes and artistry with clay to all ages and experience levels. We encourage creative expression through shared experience of hand building, wheel throwing, plate painting, raku and whatever else the imagination presents.
 Registration Open House is Wednesday, January 12 at 7 p.m. at the Pottery Guild in Gibbons. (Gibbons Arena)

Children's Pottery Classes (Age 8+)

6:30 to 8:00 p.m., Two Tuesday evenings
 February 8 & February 15
 \$20 (includes clay)

Adult Pottery Night

7:00 to 10:00 p.m.,
 Wednesday Drop-in or alternate evening
 January 19 to March 23
 \$120

Raku Workshop

7:00 to 10:00 p.m., Wednesdays
 April 13 to May 11
 \$100

All day firing May 14th. For more information, please contact Tami at 780-921-3238



All Ages Programs (continued)

TRACY'S TONE N' STRETCH

It's a New Year with Tracy and her total body work out! Tracy's sessions focus on all major muscle groups using body weight exercises, hand weights and dynabands. These sessions end with a dynamic and static stretching component. Bring 3 to 5 pound weights, 55+ ball, water bottle, and your own mat (optional).

Session 1

Where: Gibbons School Gym
When: Tuesdays
Dates: January 11 to March 29 (11 classes)
Cancelled: March 22
Time: 7:30 to 8:30 p.m.
Cost: \$72

Session 2

Where: Gibbons Community Hall
When: Thursdays
Dates: January 13 to Mar 31 (12 classes)
Time: 7:00 - 8:00 p.m.
Cost: \$77

YOGA

Monique Rivard is offering Iyengar Hatha Yoga in January. The Iyengar tradition is holding yoga postures for a certain amount of time. It is learning how to place the body in the correct alignment in the postures. This strengthens and stretches the body. Breath work (Pranayama) is incorporated into the practice for relaxation and vitality.

Where: Landing Trail School Music Room
When: Mondays
Dates: January 10 to March 21
Time: 7:00 to 8:30 p.m.
Instructor: Monique Rivard
Register By: January 3
Cost: \$94

Senior's Programs

GIBBONS SENIORS TWILIGHT CLUB

4539 – 49 Street
Monday through Fridays from 8:30 a.m. until noon.
Anyone 50 years or better is invited.
Enjoy the company of fellow seniors with shuffle board, pool, cards, and of course, coffee!

GIBBONS SENIORS BUS SHOPPING TRIPS

On the first Tuesday of each month, seniors can catch a bus to shop in Fort Saskatchewan. On the third Tuesday of the month, the bus heads to either Kingsway Garden Mall or Londonderry Mall. Bus heads out at 10:00 a.m. from the Dew Drop Inn and returns around 3:00 p.m.. To reserve a seat, or receive more information, please contact Jock in the mornings at 780-923-2030.

STEP BY STEP (FORMERLY WALKING CLUB)

This program is designed for seniors who wish to enhance their physical health in a social setting. Activities include walking and gentle, no impact stretches with modifications, including seated chair exercises. Concentration is on increasing range of motion, mobility, strength and balance.

Where: Community Hall
When: Mondays & Wednesdays
Dates: January 10 To June 15
Time: 11:00 a.m. To Noon
Fee: \$5

Gibbons Public Library

Hours:
Monday, Wednesday and Friday 11:00 a.m. to 5:00 p.m.
Tuesday and Thursday 11:00 a.m. to 8:00 p.m.
Closed Statutory Holidays

Photocopying, printing and faxing services, plus FREE internet and wireless access.

P.O. Box 510 Phone: (780) 923-2004
4807 – 50 AVENUE Fax: (780) 923-2015
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